



Route Description

- Akabane Sta.
- Akabane Hachiman Shrine
- Akabane Ryokudō Park
- Akabane Nature Observation Park
- National Sports Science Center
- Kitanodai Echo Plaza
- Jujo Sta.

Walking etiquette

- ① Follow traffic rules.
- ② Be aware of automobiles and bicycles.
- ③ Share the road with other walkers and pedestrians.
- ④ Take your trash home.

Nearest Station	JR Akabane Sta.
Time allowed	around 60 min.
Distance	around 4.3 km
Calorie consumption	around 180 kcal
Number of steps	around 6140 steps

* These are estimates given for a person, weight 60kg, moving at 4km per hour, walking 10 min.=30kcal, one step=70cm.

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Recommended Site

Icons: Shrines and Temples Park Other

National Sports Science Center



The purpose of this facility is to improve the level of sports in Japan to an international competitive level. Through this facility, we also support athletes and instructors through the field of sports medicine and science.

Akabane Hachiman Shrine



According to legend, Sakanoue-no Tamuramaro founded the shrine of Yawata Sanjin by ceremonially transferring the divided spirit of the deity while he was on his duty of Mutsu mission. This shrine was the total guardian of the villages of Akabane-mura, Shimo-mura, Hukuro-mura, Iwabuchi-syuku, and Inatuki-mura.

Akabane Nature Observation Park



The theme of this park is to restore nature and to interact with it. There are ponds and rice fields that are utilizing the spring water. Visitors can enjoy the day camping.