

Tachikawa
City

Course B, Visiting Musashi-Sunagawa Sta. to Tachikawa City Hall in Nature

Highlight | Mt. Konpirayama



Route Description

- Musashi-Sunagawa Sta.
- ▼
- Sunagawa Bunsui
- ▼
- Tomoegashi Riverbank Site (Tamagawa Aqueduct)
- ▼
- Mt. Konpirayama and Konpira-jinja Shrine and Akiba-jinja Shrine
- ▼
- Sunagawa Learning Center
- ▼
- Tachikawa City Cornerstone of Peace
- ▼
- Chuo Nanboku Line
- ▼
- Tachikawa City Hall
- ▼
- National Institute of Polar Research
- ▼
- Takamatsu Sta.

Don't forget to drink water

Sweating is a function that helps regulate body temperature. When the body lacks water necessary for sweating, this can cause heatstroke and other impairments. Remember to hydrate with water or a sports drink. Also, because caffeine is diuretic, drinks that contain caffeine are not suitable for hydration.



Time allowed	around 57 minutes
Distance	around 3.8 km
Calorie consumption	around 171 kcal
Number of steps	around 5430 steps

* These are estimates given for a person, weight 60kg, moving at 4km per hour, walking 10 min.=30kcal, one step=70cm.
Tokyo Metropolitan Government Health Promoting character: **KENKOUDESUKA-MAN**



Recommended Site

Icons: Shrines and Temples Park Other

Mt. Konpirayama and Konpira-jinja Shrine and Akiba-jinja Shrine

This mountain, said to have been made with earth and sand when digging the Tamagawa Aqueduct according to one theory, is about 10 meters high and is the only mountain in Tachikawa. Enshrined at the top is Konpira Daigongen and Asama-jinja Shrine. Enshrined halfway up is Akiba-jinja Shrine. Even today, the two gods Konpira and Akiba are taken care of carefully by people as protectors of the area. A festival is held in the fall of every year.

Tachikawa City Cornerstone of Peace

The Cornerstone of Peace was erected in 1975 in commemoration of the 20th anniversary of the Sunagawa Struggle. After the war, the US military was stationed in Tachikawa. In Tachikawa in 1955, an airfield expansion was requested for the purpose of jet bombers. However, the whole town's opposition movement to this at the time unfolded, which was called the Sunagawa Struggle. The extension of the runway was canceled in 1968 due to the extended opposition movement. The US military decided to relocate to Yokota Air Base the following year.

Tachikawa City Hall

Tachikawa City Hall opened for business on May 6, 2010. The building is an eco-friendly one that is environmentally conscious. The building features facilities utilizing natural energy, such as solar panels and ventilation towers, and gives consideration to the global environment through rooftop greening and the use of rainwater to reduce the use of air conditioning. In addition, due to the seismic isolation structure of the underground parking lot and the adoption of concrete, which leads to longer building life, the city hall is an example of a government building that has high durability against disasters.